



## American Buffalo Chicken Pizza



Entire recipe: 245 calories, 4g total fat (1.5g sat. fat), 864mg sodium, 31g carbs, 6g fiber, 2g sugars, 24g protein

[Click for WW Points® value\\*](#)

**Prep:** 5 minutes    **Cook:** 15 minutes



More: [Lunch & Dinner Recipes](#), [Single Serving](#), [30 Minutes or Less](#)

### Ingredients

- 2 oz. cooked and chopped skinless chicken breast
- 1 tsp. Frank's RedHot Original Cayenne Pepper Sauce, or more to taste
- 1 high-fiber pita
- 1 wedge The Laughing Cow Light Creamy Swiss cheese
- 1 tsp. reduced-fat Parmesan-style grated topping
- 1 tbsp. chopped scallions

### Directions

Preheat oven to 375 degrees. Spray a baking sheet with nonstick spray.

In a small bowl, toss chicken with hot sauce.

Lay pita on the baking sheet. Spread with cheese, leaving a 1/2-inch border. Top with saucy chicken and sprinkle with Parm-style topping.

Bake until hot and lightly browned, 10 to 12 minutes.

Sprinkle with scallions. Yum time!

### MAKES 1 SERVING

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free samples of food, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

\*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.