



Banana Dalgona Coffee



Entire recipe: 92 calories, 2.5g total fat (0g sat. fat), 92mg sodium, 39.5g carbs, 1g fiber, 8g sugars, 2g protein

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Prep: 5 minutes



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Ingredients

- 2 tbsp. instant coffee granules
- 2 tbsp. [Lakanto Classic or Golden Monkfruit Sweetener](#)
- 2 cups ice
- 1 cup plant-based banana milk

Directions

In a large bowl, combine coffee with sweetener. Add 2 tbsp. hot water, and beat with a hand mixer until mixture is very thick & frothy and high peaks have formed, 2-3 minutes.

Fill a tall glass with ice. Add banana milk, and top with the frothy coffee mixture.

MAKES 1 SERVING

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