



Buttery Banana Bread Toast



Developed by Hungry Girl; brought to you by [I Can't Believe It's Not Butter!®](#)

1/12th of recipe (1 slice): 169 calories, 6.5g total fat (2g sat. fat), 287mg sodium, 24g carbs, 2.5g fiber, 9.5g sugars, 3.5g protein

Prep: 10 minutes **Cook:** 55 minutes



More: [Breakfast Recipes](#), [Recipes Developed for Our Partners](#), [Four or More Servings](#)

Ingredients

1 1/2 cups whole-wheat flour
1/2 cup brown sugar (not packed)
2 tsp. baking powder
1 1/2 tsp. cinnamon
1/2 tsp. salt
1 1/2 cups (about 3 large) mashed extra-ripe bananas
1/2 cup egg whites
3/4 cup [I Can't Believe It's Not Butter!® Original Spread](#)
1 tsp. vanilla extract

Directions

Preheat oven to 350 degrees. Spray a 9" X 5" loaf pan with nonstick spray.

In a large bowl, combine flour, sugar, baking powder, salt, and 1/2 tsp. cinnamon. Mix well.

In another large bowl, combine bananas, egg whites, vanilla extract, and 1/2 cup I Can't Believe It's Not Butter!® Original spread. Whisk until uniform.

Add wet ingredients to the dry ingredients, and mix until uniform. Transfer batter to the loaf pan, and smooth out the surface.

Bake until a toothpick inserted into the center comes out clean, about 50 minutes.

Cut into 12 slices. Just before eating, toast each slice and top with 1 teaspoon of the remaining I Can't Believe It's Not Butter!® Original Spread and a sprinkle of the remaining 1 teaspoon cinnamon.

MAKES 12 SERVINGS

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