



## Caramel Apple Nachos



1/2 of recipe: 171 calories, 3g total fat (1g sat. fat), 99mg sodium, 37g carbs, 3.5g fiber, 25g sugars, 2g protein

[Click for WW Points® value\\*](#)

**Prep:** 5 minutes    **Cook:** 5 minutes or less



More: [Dessert Recipes](#), [Vegetarian Recipes](#), [30 Minutes or Less](#), [5 Ingredients or Less](#), [Gluten-Free](#)

### Ingredients

1 large (or 2 small) Fuji apple(s)  
1/8 tsp. cinnamon  
3 tbsp. fat-free, low-fat, or light caramel dip  
1/4 oz. (about 1 tbsp.) chopped peanuts  
2 tsp. sweetened shredded coconut

### Directions

Core apple(s), and cut into half-moon slices about 1/4-inch thick. Lay slices on a large plate, and sprinkle with cinnamon.

In a small microwave-safe bowl, microwave caramel dip for 20 seconds, or until very warm.

Drizzle caramel over the apple slices, and top with peanuts and coconut.

### MAKES 2 SERVINGS

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free samples of food, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

\*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.