



Freezy-Cool Banana Whoopie Pies



1/4th of recipe (1 whoopie pie): 150 calories, 2g total fat (1g sat. fat), 155mg sodium, 34g carbs, 9g fiber, 18.5g sugars, 4g protein

Prep: 5 minutes

Freeze: 1 hour



More: [Dessert Recipes](#), [Vegetarian Recipes](#), [Four or More Servings](#), [5 Ingredients or Less](#)

Ingredients

4 Vitalicious Deep Chocolate VitaTops (partially thawed)
3/4 cup Cool Whip Free (thawed)
1 medium banana, thinly sliced

Directions

Carefully slice one VitaTop in half lengthwise (like you would a hamburger bun), so that you are left with 2 thin round "slices." Place 1/4th of the Cool Whip on the bottom Vita slice; then top with 1/4th of the banana slices, followed by the top Vita slice.

Repeat with remaining ingredients for a total of 4 whoopie pies. Place on a large plate and freeze until solid, about 1 hour. So good!

MAKES 4 SERVINGS

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free samples of food, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.
*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.