



Hint-of-Mint Mocha



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Entire recipe: 77 calories, 4g total fat (1.5g sat. fat), 90mg sodium, 10.5g carbs, 3g fiber, 2.5g sugars, 2.5g protein

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Prep: 5 minutes **Cook:** 5 minutes or less



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Ingredients

1 1/2 tbsp. unsweetened cocoa powder
2 tsp. instant coffee granules
1 tsp. mini semi-sweet chocolate chips
2 no-calorie sweetener packets (like Truvia)
1/2 cup unsweetened vanilla almond milk
2 drops peppermint extract
Optional toppings: whipped topping, mini semi-sweet chocolate chips

Directions

In a microwave-safe mug or glass, combine cocoa powder, coffee granules, chocolate chips, and sweetener.

Add 1/4 cup very hot water, and stir until mostly dissolved and uniform.

Add milk, extract, and another 1/4 cup hot water. Mix well.

Microwave until hot, about 45 seconds.

MAKES 1 SERVING

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