



Sparkling Sangria



1/8th of recipe (about 1 cup): 96 calories, <0.5g total fat (0g sat. fat), 11mg sodium, 9.5g carbs, 2.5g fiber, 5g sugars, 1g protein

Prep: 5 minutes

Chill: 5 hours



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Ingredients

2 cups light orange juice (like the kinds by Trop50)
1 cup halved strawberries
1 cup raspberries
1 cup blackberries
One 750-ml bottle sparkling wine, chilled
1 cup club soda, chilled

Directions

Pour orange juice into a large pitcher or serving bowl. Add all the fruit, and stir. Cover and refrigerate for at least 5 hours.

Just before serving, add sparkling wine and club soda. Serve with a ladle!

MAKES 8 SERVINGS

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