



Shrimp Cocktail Tacos



Entire recipe (2 tacos): 243 calories, 5g total fat (2.5g sat. fat), 638mg sodium, 26.5g carbs, 3.5g fiber, 4g sugars, 21g protein

Prep: 5 minutes

Chill: 15 minutes



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Ingredients

3 oz. cooked ready-to-eat shrimp, chopped if large
1/4 cup plus 2 tbsp. black bean and corn salsa
1/4 cup shredded lettuce
2 corn taco shells
Optional toppings: fresh cilantro, fat-free sour cream

Directions

In a medium bowl, mix shrimp with salsa. Cover and refrigerate for 15 minutes.

Divide lettuce and shrimp-salsa mixture between taco shells. Now chew!

MAKES 1 SERVING

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